

## FROSTY FRESH GRAPE POPS

Jesus is our vine, and we are to be his fruitful branches. Have "bunches" of fun making this refreshing grape snack.

### What you need:

- An adult to help
- 4½ cups seedless grapes (red, green or black)
- Food processor
- Plastic spatula
- Strainer
- Mixing bowl
- Whisk
- 2 teaspoons sugar
- Food coloring (red, green or blue; optional)
- 5 oz. paper cups
- Aluminum foil
- Popsicle or craft sticks
- Another 2 cups grapes, halved (optional)



### What you do:

1. Blend grapes in a food processor until smooth.
2. With a plastic spatula, press mixture through a strainer into a mixing bowl. Discard skins and skim foam off the top.
3. Whisk sugar into juice until dissolved. Add a few drops of food coloring, if desired.
4. Fill cups with juice, spooning most of the foam off the top. (If using additional grapes, put ¼-cup halved grapes into each cup.)
5. Cover each cup with foil and insert a wooden stick into the center of the foil.
6. Place cups in freezer.
7. To remove pops, take off foil and tear away cup. Enjoy!

**Variation:** To make layered juice pops, make two batches of mix from different-colored grapes. Fill cups half full with one color, cover and then insert the stick and freeze. Then fill with the remaining color and freeze again.